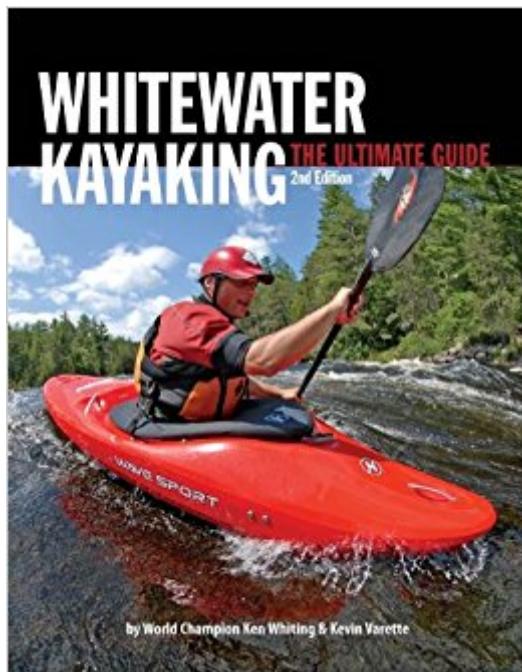


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# Whitewater Kayaking The Ultimate Guide 2nd Edition



## Synopsis

This definitive guide to the sport of whitewater kayaking draws on the combined 30+ years of experience of world-renowned paddlers and instructors Ken Whiting and Kevin Varette. Covers everything from the most basic skills and concepts to the most advanced, cutting-edge paddling techniques.

## Book Information

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Average Customer Review: 3.7 out of 5 stars 3 customer reviews

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## Customer Reviews

Now in its second printing, Whitewater Kayaking: The Ultimate Guide has become the established, definitive guide on the sport. Drawing on the combined 30+ years of experience of world-renowned paddlers and instructors Ken Whiting and Kevin Varette, this comprehensive guide covers everything from the most basic skills and concepts to the most advanced, cutting-edge paddling techniques. Whatever you need, you'll find it in this essential whitewater kayaking reference. You'll learn about:

- Choosing the right equipment
- The essential strokes and paddling techniques
- The art of reading whitewater
- River running
- River safety and rescue
- Playboating
- Creek boating
- Paddling in big water
- Surf kayaking
- Squirt boating
- Kayak tripping
- And much more...

Ken Whiting is a World Champion kayaker, five-time National Champion, and one of the most influential paddlers in the world. For over fourteen years, Ken has shared his enthusiasm for paddling through his teaching and by producing a series of best-selling, award-winning instructional books and DVDs. In recognition of his accomplishments and contributions to advancing the sport of kayaking, Paddler Magazine, named Ken one of their "Paddlers of the Century". Anna Levesque,

world-class kayaker and creator of the Girls at Play instructional series for women, share her enthusiasm for paddling as she guides you through all the kayaking basics.

This book should be on every kayakers book shelf. Well illustrated and a great follow up to the 1st edition. There are many many updates in this new edition. It is an excellent book for anyone interested in white water kayaking!

well written by a world champion kayaker, covers everything. Every kayaker should read it. Well worth it, every penny. thanks.....

I did not learn anything that I wouldn't have watching kayak videos on youtube. It's a fun and quick read, but I would not purchase again. The writing is poor and the descriptions are so basic they border common sense. The book has some good information for playboaters or people who have never seen a river or a kayak, but that's about it.

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